

Anil P. Ardeshta, D.M.D., M.D.S

Session Time: 11:00 AM – 12:00 PM

Presentation: *“The Role of Plastics in Orthodontic Appliances and Mechanotherapy”*

Synopsis: Significant advances have been made in orthodontics due to innovations in technology and material science. This has resulted in more options in treatment modalities with greater efficiency and better outcomes. Understanding plastic materials is therefore critical for the orthodontist as they are ubiquitously used in every day orthodontics.

Objectives:

At the conclusion of this lecture, doctors will:

- Understand material properties of plastics and their relationship to the final product.
- Review performance traits of plastic materials commonly used in orthodontics.
- Utilize this information in selection and handling of various commonly used clinical plastic products.

Biography:

Dr. Ardeshta was previously trained in England, receiving his Bachelor in Dental Surgery (B.D.S.) from the University of Wales, U.K. His training includes a general dental residency and an oral surgery residency. His Doctor of Dental Medicine degree was received from the University of Connecticut Dental School where he also earned his certificate of specialty in Orthodontics and a Masters in Dental Science.

He is an associate professor and Postgraduate program director at the Department of Orthodontics, Rutgers School of Dental Medicine, New Jersey, USA., and in part time private practice. Dr. Ardeshta is a diplomat of the American Board of Orthodontists. He just completed a six-year term as the MASO representative on the Council of Orthodontic Education of the American Association of Orthodontists, and is President Elect of the Society of Orthodontic Educators and a consultant with the ADA Council on Dental Accreditation. He was voted as one of the top orthodontists in New Jersey by the New Jersey Monthly magazine. He is president of the Middlesex Dental Society and Delegate to the NJDA.

Dr. Ardeshta is both a nationally and internationally renowned speaker. He lectures on Diagnosis and Treatment Planning, Treatment modalities and Techniques, Innovations in Orthodontics, and the Management of challenging clinical cases. He is a peer reviewer of several national and international professional orthodontic journals.

