

Neal Kravitz, DMD, MS

Session Time: 1:30 PM – 2:30 PM (Track 2)

Presentation: “Hybrid Aligner Treatment (HAT) in Orthodontics”

Synopsis: Hybrid aligner treatment (HAT) is the combination of clear aligners and fixed appliances. At any point during HAT, one or more types of fixed appliances can be used, such as braces, expanders or MARAs, and auxiliaries. Ultimately, the rationale for HAT is to utilize the advantages of aligners, but account for their limitations in tooth movement. The purpose of this clinical lecture is to define the variations of HAT and quash the misconception that incorporating fixed appliances is an indictment of clear aligner treatment.

Objectives:

Following the presentation, the attendees will be able to:

- Understand the most common variations of HAT.
- Learn Dr. Kravitz’s protocol for using a MARA with Invisalign.
- Discover HAT clinical pearls that you can apply right away!

Biography:

Dr. Kravitz is a Diplomate of the American Board of Orthodontics, member of the Edward Angle Society, Editor-in-Chief for the *Journal of Clinical Orthodontics*, and an Associate Editor for the *American Journal of Orthodontics and Dentofacial Orthopedics*. Dr. Kravitz also chairs the AAO Committee on Technology and serves on the AAO Committee on Conferences. He is a graduate of Columbia University and received his D.M.D. and the University of Pennsylvania. Dr. Kravitz lectures throughout the country and internationally on treatment planning, biomechanics, practice management, and ethics, quickly building a reputation as one of the country's most dynamic speakers.

